

# ROCKPOOL

BEACH ROAD · CAPE TOWN

## COCKTAILS

*\*non alcoholic option available*

<b>Solange Spritz</b> <i>New!</i>	<b>59</b>
solange pinot noir, watermelon, mixed berries & cinzano to spritz	
<b>Mimosa</b>	<b>59</b>
cinzano to spritz & orange juice	
<b>Classic Mojito*</b>	<b>85</b>
rum, fitch & leedes club soda, fresh lime & mint	
<b>Aperol Spritz</b>	<b>95</b>
cinzano to spritz, aperol & fitch & leedes club soda	
<i>Aperol Tree</i>	495
<b>Long Island Iced Tea</b>	
five white spirits, sour mix & coke	
<i>Served with coke / cranberry juice</i>	95
<i>Served with red bull / red bull sugar free</i>	115
<b>Margarita</b> shaken   frozen	<b>98</b>
espolon reposado & lime	
<b>Daiquiri*</b> piña colada   strawberry   mango	<b>125</b>
bacardi rum, blended fruit, fruit puree & ice	
<b>Grand Margarita</b>	<b>135</b>
grand marnier, espolon blanco & lime	

## SIGNATURE COCKTAILS

<b>Aperol Sours</b>	<b>85</b>
aperol, eeze foam, lime & honey	
<b>Happy Ending</b> <i>New!</i>	<b>85</b>
skyy cherry, blueberry, pineapple, lemon & cinzano to spritz	
<b>Paradise Parade</b> <i>New!</i>	<b>89</b>
howler head, cinnamon, lemon, choc bitters & eeze foam	
<b>Rockspresso</b>	<b>95</b>
bootlegger coffee, kahlua, vodka & coconut	
<b>Bellini</b>	<b>95</b>
cinzano to spritz with granadilla, peach liqueur & lemon	
<b>Royal Mojito</b> <i>New!</i>	<b>95</b>
bulldog, elderflower, mint, lime & cinzano to spritz	
<b>Brutal Mangeri</b>	<b>99</b>
upside down brutal fruit litchi sèche served in a mango daiquiri	
<b>Pornstar Margarita</b> <i>New!</i>	<b>99</b>
espolon blanco, vanilla, granadilla, lime, eeze foam & cinzano to spritz	
<b>Raspberry Margarita</b> <i>New!</i>	<b>109</b>
espolon Blanco, raspberry, pineapple, elderflower, lime & eeze foam	
<b>Coronarita</b>	<b>115</b>
upside down corona extra served in a frozen margarita	
<b>Aperol XL</b>	<b>135</b>
frozen aperol spritz with mango & honey	

## ICE COLD DRAUGHT & BOTTLED BEER

### On Tap

Tribute Lager <i>Newlands Spring</i>	58
Black Label	58
Castle Lite	59
Passionate Blonde <i>Newlands Spring</i>	62
Mountain Weiss <i>Newlands Spring</i>	62
Stella	65

### Bottled Beer

Black Label	39
Castle Lite	39
Flying Fish Dry Apple	45
Heineken 0.0%	45
Heineken	45
Windhoek draught	47
Corona Extra	54
Corona Bucket	262

## BREAKFAST

Saturdays & Sundays only, served until 11h45

<b>Granola Bowl</b> <i>New!</i>	<b>75</b>
seasonal fruit, berry mojito compote, plain yoghurt & granola	
<b>Breakfast Bagel</b> <i>Served all day</i>	<b>95</b>
sweet chilli & cream cheese topped with bacon & fresh rocket	
<i>add egg</i>	10
<b>Salmon Bagel</b> <i>Served all day</i>	<b>99</b>
cream cheese, smoked salmon trout, deep fried capers & rocket	
<b>V Avo Smash</b>	<b>110</b>
ciabatta toast, smashed avo, mushrooms & poached eggs	
<i>add bacon</i>	42
<b>Beach Breakfast</b>	<b>115</b>
eggs to your liking, bacon, grilled mushrooms, roasted tomatoes & ciabatta toast	
<i>add pork sausage</i>	30
<i>add avo</i>	42

## BURGERS

<b>Smashed Avo Burger</b> <i>vegan option available, add 25</i>	<b>139</b>
garnish, smashed avo & fresh coriander	
<b>Cheeseburger</b>	<b>145</b>
garnish with sliced cheddar cheese	
<b>Grilled Chicken Caesar Burger</b> <i>New!</i>	<b>149</b>
grilled chicken, cos lettuce, streaky bacon, parmesan & caesar dressing	
<i>Add poached egg</i>	10
<b>Hake Burger</b> <i>New!</i>	<b>165</b>
tempura battered hake, rocket, pickled onion, sesame seeds & miso mayo	

## TAPAS AND SHARING

<b>V Hand Cut Fries</b>	
bbq spice	<b>38</b>
with aioli (roasted garlic mayo)	<b>45</b>
<b>V Grilled Mielie Riblets</b> <i>New!</i>	<b>66</b>
Miso, Soy, Butter	
<b>V Jalapeño Poppers</b>	<b>98</b>
cream cheese & cheddar	
<b>Hake Bites</b>	<b>110</b>
deep fried served with garlic aioli	
<b>V Mini Nachos</b>	<b>105</b>
santa anna organic corn chips with salsa, jalapeños, cheese, crème fraiche & guacamole	
<i>add half bacon / chicken</i>	22
<b>Loaded Fries</b> <i>New!</i>	<b>145</b>
bbq pulled chicken, crispy bacon bits, jalapeño, sweet chilli, kewpie mayo, parmesan & spring onion	
<b>Crispy Calamari</b>	<b>189</b>
cajun dusted patagonian calamari, deep fried served with tartar sauce	

## CAFÉ STYLE

<b>Club Sandwich</b>	<b>89</b>
chicken, streaky bacon, lettuce, fresh tomato with a jalapeño, coriander & lime dressing	
<b>Crumbed Chicken Tenders</b>	
<i>small with chips &amp; sweet chilli sauce</i>	95
<i>large with chips &amp; sweet chilli sauce</i>	145
<b>Argentinian Bowl</b>	<b>95</b>
chicken, corn, brown rice, sautéed red onion and red peppers, black beans with a jalapeño, coriander & lime dressing	
<b>V+ Falafel Wrap</b> <i>New!</i>	<b>99</b>
chickpea falafel balls, hummus, fresh tomato, vegan mayo & pickled onion	
<b>Chicken &amp; Avo Wrap</b>	<b>129</b>
chicken breast, avo, lettuce, carrot, tomato, cucumber, cabbage & lemon mayo	
<i>add feta</i>	33
<b>Caesar Chicken Schnitzel</b>	<b>138</b>
crumbed chicken fillet topped with cos, croutons, caesar dressing, grana padano shavings and a poached egg	
<b>Nachos Grande</b>	<b>176</b>
santa anna organic corn chips with salsa, jalapeños, cheese, crème fraiche & guacamole	
<i>add chicken / bacon</i>	42

v - vegetarian | v+ - plant-based

all products are prepared in a kitchen where nuts and allergens are present

## SEAFOOD

<b>Fish &amp; Chips</b> craft beer battered hake	<b>165</b>
<b>Full Pint Tempura Prawns</b> tempura battered prawns served with miso mayo	<b>179</b>
<b>Grilled Hake &amp; Salad</b> seasoned grilled hake & a fresh garden salad	<b>185</b>
<b>Calamari &amp; Chips</b> calamari strips dusted with cajun spices, grilled or fried	<b>192</b>
<b>Hake &amp; Calamari Combo</b> cajun style calamari strips grilled or fried & choice of grilled or craft beer battered hake	<b>205</b>
<b>Frutti di Mare Platter for one</b> beer battered hake, tempura prawns, fried calamari strips, chips served with tar-tar and miso mayo	<b>245</b>

## PIZZA

<b>V Margherita</b> tomato, mozzarella & origanum	<b>98</b>
<b>V The Greek</b> spinach, feta, mozzarella & olives	<b>125</b>
<b>Hawaiian Pizza</b> mozzarella, ham & pineapple	<b>145</b>
<b>Pompeii</b> BBQ chicken, mozzarella, peppadew, smokeynaise, spring onions & peach slice	<b>149</b>
<b>La Vie</b> bacon, feta, mozzarella & avo	<b>160</b>
<b>Prego Chicken</b> spicy chicken, mozzarella, onion marmalade, cherry tomatoes, prego sauce & fresh rocket	<b>165</b>
<b>Pepperoni</b> salami, mushrooms, feta, mozzarella, olives, spinach & sundried tomatoes	<b>169</b>

### ADD TO YOUR PIZZA

rocket / fresh basil / olives / onion marmalade	30
feta / cheddar / mozzarella / anchovies	33
avo / ham / salami / bacon / chicken	42
gluten free base	50

## SALADS

<b>V Greek</b> cucumber, onions, tomatoes, feta, origanum & olives with greek dressing	<b>80</b>
<b>V Classic Caesar</b> cos, croutons, egg & parmesan with caesar dressing	<b>89</b>
<i>add anchovies</i>	33
<i>add avo / chicken / bacon</i>	42
<b>Salmon Bowl</b> smoked salmon, rocket, avo, pickled red onion topped with miso mayo, mixed seeds & deep-fried capers	<b>138</b>
<b>Crispy Calamari</b> patagonian calamari avo, leaves, cherry tomatoes, cucumber, spring onion & pickled ginger with soy vinaigrette	<b>168</b>

## DESSERTS

<b>Chocolate Mud Pie</b> Chocolate mud pie with butterscotch sauce and vanilla ice cream	<b>69</b>
<b>Banana Bread Ice Cream Sandwich <i>New!</i></b> toasted banana bread with layers of vanilla ice cream & topped with homemade butterscotch	<b>79</b>

## MILKSHAKES & SMOOTHIES

<b>Mango Smoothie</b>	<b>69</b>
<b>Classic Milkshakes</b> vanilla, chocolate, coffee, strawberry	<b>70</b>
<b>Peanut Butter Banana Smoothie</b>	<b>70</b>
<b>Rockpool Gourmet Milkshakes</b> salted caramel popcorn / oreo / lemon cheesecake / peppermint crisp / brownie / berries & cream	<b>79</b>

## WHITE WINE

	glass	bottle
Solange Chardonnay Pinot Noir <i>New!</i>	45	110
Wolftrap White Blend	68	195
Buitenverwachting Buiten Blanc	72	225
Kleine Zalze Chenin Blanc	75	228
MAN Chardonnay	75	230
Neil Ellis West Coast Sauvignon Blanc	75	242
Groote Post Seasalter Sauvignon Blanc		395

## ROSE WINE

	glass	bottle
De Grendel Rosé	69	258
Vondeling Rosé	72	260
Neil Ellis Rosé	78	270
Lievland Liefkoos Rosé		490

## RED WINE

	glass	bottle
Wolftrap Red Blend	68	195
Weltevrede Merlot	75	235
Bosman Cabernet Sauvignon	75	242
Beyerskloof Pinotage	80	259
Raats Jasper Red Blend		590

## SPARKLING WINE - MCC

	glass	bottle
Darling Blanc De Blanc Brut	95	350
Kleine Zalze Brut Rosé	99	425
Pongracz Noble Nectar Demi-Sec <i>New!</i>	105	475
Le Lude MCC Brut		550

## FRUIT SPRITZER

Brutal Fruit Litchi Sèche	42
Brutal Fruit Ruby Apple	42

## TEQUILA

El Jimador Reposado	48
Cabrito Reposado <i>New!</i>	52
Espolon Reposado / Blanco	58
Don Julio Reposado	105

## SOFT DRINKS

Still / Sparkling Water 500ml	29
Still / Sparkling Water 750ml	33
Coke, Fanta, Sprite, Crème Soda	33
Appletiser / Grapetiser	43
Home-made Ice Tea	45
Rock Shandy	43
Red Bull / Sugarfree / Red Edition Watermelon	47

## FRESH JUICES

<b>One</b> - orange juice	57
<b>Two</b> - apple, cucumber, spinach, celery	57
<b>Three</b> - apple, ginger	57
<b>Four</b> - carrot, orange	57
<b>Five</b> - beetroot, carrot	57
<b>Six</b> - ginger, apple, carrot, orange, beetroot	57
<i>add ginger shot</i>	29

## COFFEE AND OTHER

*double shot standard*

Babycino (with hot chocolate sprinkles)	15
Espresso	27
Americano	34
Cortado	35
Magic Flat White	36
Flat White	38
Latte	41
Tea Ceylon / Green / Earl Grey / Organic Rooibos / Rooibos	30
Red Cappuccino	44
Hot Chocolate	44
Chai Latte	45
Mocha	48

*swap dairy for oat milk 10 / for almond milk 10 | glass of milk 12*

## DON PEDROS

frangelico, kahlua, jameson, amarula	80
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